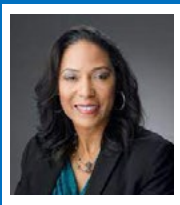


BeVera

Data Science and Leadership Training

Coaching and Mentoring

This Coaching and Mentoring training course is designed to help participants understand the fundamental principles and best practices of coaching and mentoring. The course is structured into 12 modules that cover everything from getting started to wrapping up the coaching and mentoring process. Participants will learn how to define coaching and mentoring, set goals, develop options, and understand the realities of the process. They will also learn about the importance of trust, providing feedback, and overcoming roadblocks. In addition, the course will teach participants how mentoring differs from coaching and how to wrap up the coaching and mentoring process effectively. By the end of this training, participants will have the skills and knowledge necessary to be effective coaches and mentors.



About Our Trainer

Dr. Linda L. Singh is a highly decorated retired Major General of the United States Army who shattered barriers and became the first African American and first woman to serve as Adjutant General for the Maryland National Guard. A dynamic and inspiring speaker, Linda draws upon her unique experiences to share powerful lessons in leadership, teamwork, and resilience. She is a sought-after speaker who has addressed audiences at the United Nations, NATO, and the Pentagon, as well as numerous corporations, non-profits, and educational institutions.

Learning Objectives

- Module One: Getting Started
- Module Two: Defining Coaching and Mentoring
- Module Three: Setting Goals
- Module Four: Understanding the Realities
- Module Five: Developing Options
- Module Six: Wrapping it All Up
- Module Seven: The Importance of Trust
- Module Eight: Providing Feedback
- Module Nine: Overcoming Roadblocks
- Module Ten: Reaching the End
- Module Eleven: How Mentoring Differs from Coaching
- Module Twelve: Wrapping it Up



For scheduling and/or assistance
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