



# BeVera

COURSE OUTLINE

## Adverse Childhood Experience (ACE) and Behavior Health

### Course Description

Adverse Childhood Experiences (ACE) are traumatic events in childhood that may have long-lasting effects. These experiences can impact an individual's physical and mental health for one's entire life and influence how they interact with others. This course will provide learners with an overview of adverse childhood experiences (ACEs), trauma, and the trauma-informed approach. The course explores the opportunity to develop trauma-informed public health interventions to prevent ACEs and treat trauma using the social-ecological model. This course gives individuals an overview of ACE research, along with tools to support the resilience of participants and tools for self-care. Participants will be able to see public health problems and solutions through a trauma-informed lens.

### Objectives

- Define trauma, adverse childhood experiences (ACEs), and trauma-informed approaches within a public health approach.
- Compare and contrast the prevention and treatment of trauma.
- Discuss develop trauma-informed, resilience-based public health interventions to address and prevent trauma and ACEs at all levels of the social-ecological model, with particular emphasis on the community-level.



For scheduling and/or assistance  
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